

NEWS ON AUTHOR'S GUIDELINES (live from August 1st 2018)

(The present information integrate and do not substitute the information in the Guide for Author package)

LENGTH LIMITATIONS (excluding Title page)

Original Research Articles: max 7 printed pages (1 printed page = approx. 1.000 words) all together. Title (no abbreviations, must be concise and highlight the main findings/conclusion) max 140 characters (excluding spaces). Abstract (organized in sections: Background and Aim; Experimental procedure; Results and Conclusion) max 250. Text (main body, including references, legends, Figures/Tables; excluding Abstract) max 6.000 words. References max 50 (in the text should be cited by number). Figures (max 6 panels per Figure) and Tables (max 1 printed page) max 8 in total (Additional material can be included as Supplementary available on the web site). Keywords: 5-10 (not included in the title).

Short Communication: max 3 printed pages all together. Title (no abbreviations, must be concise and highlight the main findings/conclusion) max 140 characters (excluding spaces). Abstract (organized in sections: Background and Aim; Experimental procedure; Results and Conclusion) max 250. Text (main body, including references, legends, Figures/Tables; excluding Abstract) max 3.000 words. References max 30 (in the text should be cited by number). Figures (max 6 panels per Figure) and Tables (max 1 printed page) max 4 in total (Additional material can be included as Supplementary available on the web site). Keywords: 5-10 (not included in the title).

Review (mini-review can be shorter): Title (no abbreviations, must be concise and highlight the focus) max 100 characters (excluding spaces). Abstract (not organized in sections) max 250. Text (main body, including references, legends, Figures/Tables; excluding Abstract) max 6.000 words. References max 60 (in the text should be cited by number). Figures (and cartoons) and Tables (max 1 printed page) max 4 in total. Keywords: 5-10 (not included in the title). Note that Review articles are by Editor's invitation only (renowned experts in the field can propose the review by sending a letter to the Editors along with the Title, Abstract and outline of the article).

Perspective: Title (no abbreviations, must be concise and highlight the focus) max 100 characters (excluding spaces). Abstract (not organized in sections) max 250. Text (main body, including references, legends, Figures/Tables; excluding Abstract) max 2.000 words. References max 10 (in the text should be cited by number). No Figures. Keywords: 5-10 (not included in the title).

TITLE PAGE

Should contain the following information:

Title, Author(s) and Author(s)'s Affiliations

Contact details of Corresponding author (provide institutional e-mail, not private)

Footnotes

Conflict of Interest statement

List of Abbreviations

Keywords (5 to 10 keywords not included in the title).

Highlights of the findings and novelties: 3 to 5 bullet points (each in one sentence of max 85 characters including spaces)

Type of Article: Original Research article, Short Communication, Review, Perspective.

Length of the Manuscript indicate Title: xx characters; Abstract: xx words; Text: xx words; References: n. xx; Figures and Tables: n. xx; Supplementary files: n. xx

Section: 1. Natural Products; 2. Physical/Mental practices (include massage/massotherapy; acupuncture; aromatherapy; yoga; mediation; and similar); 3. Dietary therapy/nutrients supplements (include microbiota); 4. History, Philosophy and Social-Cultural aspects of Traditional Medicine.

Taxonomy (classification by EVISE): identify the disease/health condition, the experimental approach, the methodology.

COVER LETTER (to Editors in Chief)

State what is the focus of the work and the gap in the knowledge that your research aims to fill. Highlight in one-two sentence(s) the novelties.

Report the Highlights (same bullet points as in the title page)

Suggest 3 to 5 independent reviewers (with no conflict of interest)

NOTES ON THE PEER REVIEW PROCESS

To save your time take into consideration the following main reasons for prompt rejection: 1. The article is not formatted as requested. 2. The Title is too generic and descriptive (it does not convey the message); 3. Graphical Abstract is not informative (too much wording; too dispersive); 4. The study is descriptive (observational) or too preliminary (limited to chemical characterization of an herbal extract; showing an in vitro effect); 5. Low quality of the figures.

Criteria for consideration to undergo peer-review include: 1. Originality/novelty; 2. Dissection of the pathophysiological/molecular mechanism(s); 3. Evidence-based demonstration of the effects in clinical trials.

You can learn more on the reviewing process at this link:

https://www.elsevier.com/data/promis_misc/jtcme-peer-review-process.pdf

OVERALL EVALUATION SHEET (optional): To speed up the reviewing of your manuscript you may suggest up to five independent reviewers (we shall contact some of them along with others). Additionally, you may opt for contacting yourself at least three independent (no conflict of interest) reviewers and ask to pre-assess your article by filling in the Overall Evaluation Sheet (that you will append to the cover letter). We shall contact (or not) these reviewers asking to provide a detailed review report in anonymous form. Note that additional reviewers may be invited.