

NUTRITION RESEARCH

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MANUSCRIPT SUBMISSION CHECKLIST

Instructions: This checklist is required for all new submissions. This checklist is not a substitute for the [Guide for Authors \(link\)](#) and [Publishing Ethics \(link\)](#). Authors are encouraged to review a recent volume of *Nutrition Research* for additional guidance.

Check each box as appropriate. If applicable, provide the requested information. Submissions without a checklist will not be processed and incorrectly formatted manuscripts may be rejected without further review.

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<input type="checkbox"/>	Submission is prepared in American English.
<input type="checkbox"/>	Continuous line numbers appear in the LEFT margin.
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<input type="checkbox"/>	Abbreviations defined on first use in Highlights, Abstract, and main text
<input type="checkbox"/>	Full-length manuscripts contain these major headings: Abstract; 1. Introduction; 2. Methods and Materials; 3. Results; 4. Discussion; Acknowledgment; Sources of Support; Author Contributions; Author Declarations; References; Legends to Figures (if applicable)
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<input type="checkbox"/>	Tables are included in the main manuscript file immediately following any included Legends to Figures, do NOT upload Tables separately.
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<input type="checkbox"/>	A declarative title stating the major conclusion is required and must appear at the top of the page.
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HIGHLIGHTS	
<input type="checkbox"/> 3-6 bulleted statements (<85 characters each) that state the major scientific findings are included.	
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